

## NSS, Pavanatma College Murickassery

### Annual report for the academic year 2020-2021

The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Department of Youth Affairs and Sports of the Government of India. The scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing students' personality through community service, NSS is a voluntary association of young people in Colleges and Universities working for a campus-community linkage.

#### Office Bearers

Programme Officers

Dr. KK Suneesh

Tijo Antony

Merin Jose

#### ACTIVITIES

Sl. no	Name of the programme	Date	Platform/Venue	Associating Cells	Resource persons	External agencies Involved	Areas Covered
1	Teachers' day celebration	05/09/2020	Google-classroom				Competitions- 1.letter to favourite teacher 2.Essay Writing-Scope of online teaching as a platform of online teaching
2	Leadership training programme	04/11/2020	G-meet	-	Dr.Manesh N.A Principal in charge, Government college Munnar		Personality Development, Motivational Training, leadership training
3.	One day orientation and skill developme	12/01/2020	Auditorium		Dr. KK Suneesh		Personality development, Communication skills, Group formation skills

	nt programme				Annmariya Johnson,A khila Antony,Al eena Shiju Senior volunteers		
4.	Seven-day Special Camping Programme PUNARJANI 2021	22/01/2021-28/06/2021	Online mode with offline Activities ZOOM				Planting of saplings Making of Kitchen garden Preparation of food items
5	AWARENESS SEMINAR- Drug addiction and abuse	23/01/2021	ZOOM		Mr. Pramod M. P. Excise Preventive Officer	Excise Intelligence and Investigation Bureau Idukki	Drug addiction, crimes and abuse
6.	Planting of saplings	23/01/2021	Volunteer's home				
7.	Seminar- Pros and Cons of Career Selection: A Pragmatic Approach	24/01/2021	zoom	Dept. of History Pavana tma College	Mr. Santhosh George Asst. Prof.		Career Guidance
8.	Ammakoru Adukkalathottam	25/01/2021-27/01/2021	Volunteer's home				Kitchen garden making
9.	Seminar on-Food Habits During the Pandemic	25/01/2021	Zoom		Mr. Siju Thomas, Ms. Shani T. Jose Dietitians	Medical College Painav, Idukki	Prevention of COVID 19, Food habits during the pandemic, Health and Hygiene during the Pandemic
10	Individual Hood and	26/01/2021	zoom	Pavana tma	Dr. B. Sindhu		Social skills

	Social Space: An Introspection			College Murikassery	Assistant Professor and Head, Dept. of Commerce,		
11	REPUBLIC DAY CELEBRATIONS	26/01/2021	ZOOM				Cultural programmes related to National integration and social harmony
12	Yoga Practical Session	27/01/2021	zoom		Mr. Arun Anandhan Silver Medallist International Yoga Championship		Yoga practising
13	Seminar- Cyber Crimes among the Youth	27/01/2021	Zoom		Mr. Prathap N. Senior Civil Police Officer	Cyber Crime Police Station Painav	Cybercrimes, Prevention, Precautions while using social media
14	Online oneday workshop- Pralayam Charithra rekhakalum Ormakalum	15/03/2021	ZOOM	Dept. of History Pavana tma Colleg	Prof. PK Michael Tharakan, Chair Person KCHR Dr,K Beena, Smt Hitha V, Mr.Harisan kar B Research Assistants KCHR	Kerala Council for Historical Research (KCHR)	Data collection related to Kerala floods 2018
15	Volunteers in Covid 19 Vaccination drive	23/03/2021	Bus Stand Murikassery			Vathikudy Grama Panchayath	Health and Hygeine

## Photo Gallery

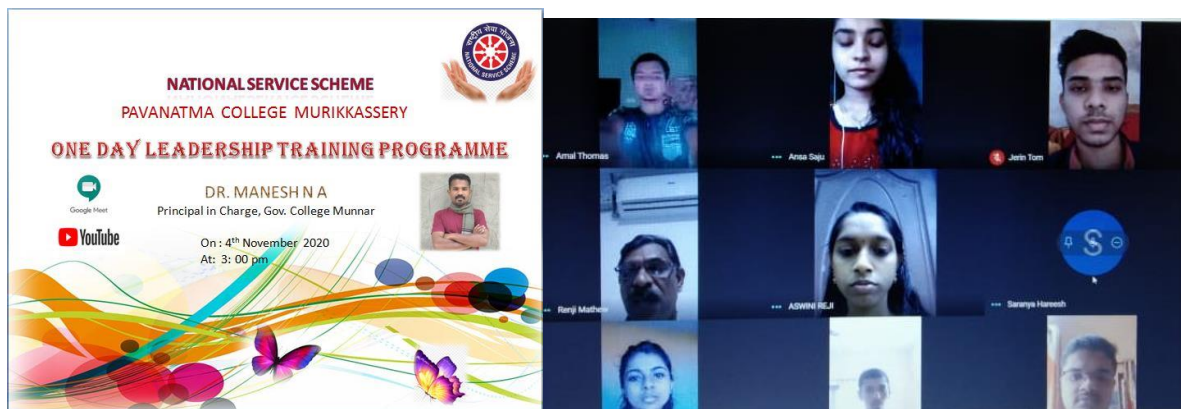
1. Teachers' day celebration



Scope of Online teaching as a platform of Value Education.

"To educate a man in mind and not in his morals is to educate a menace to society"  
 This saying is quite worthy in the present era of education which is assisted by modern technology & where we are inclined more towards knowledge and to secure marks in exams rather than to apply it in practical life. From the cradle to the grave education is a continuous process for all men. Some knowledge he acquires from books, some from his teachers and a good bit of knowledge is gets from the various experiences he has gone through in his life.

## 2. Leadership training programme



## 3. One day orientation and skill development programme



## 4. Seven-day Special Camping Programme PUNARJJANI 2021



5.AWARENESS SEMINAR-Drug addiction and abuse



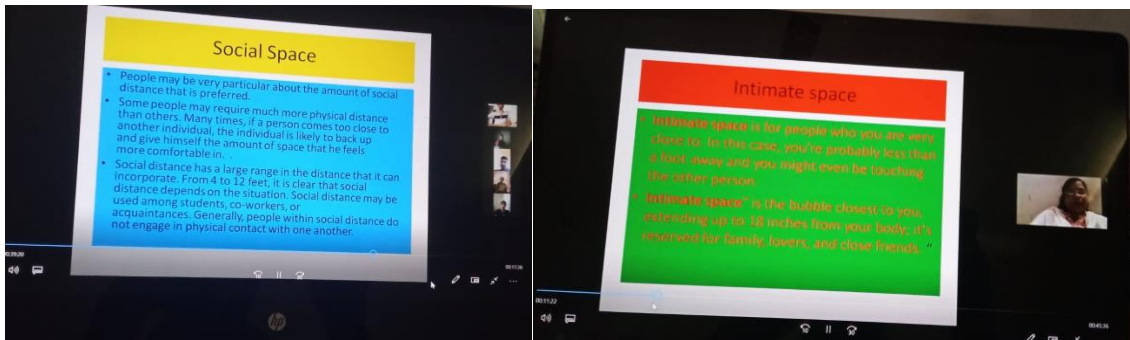
6. Seminar-Pros and Cons of Career Selection: A Pragmatic Approach



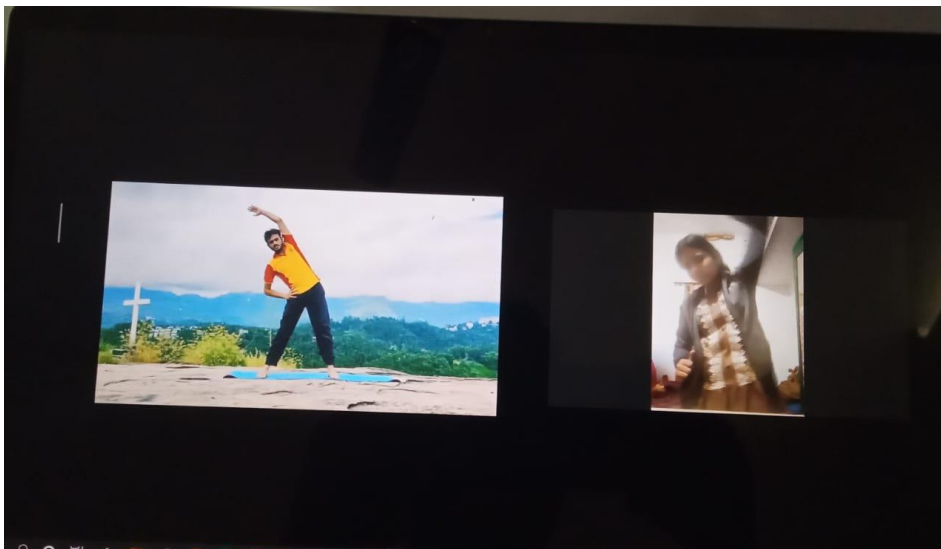
7. Seminar on- Food Habits During the Pandemic



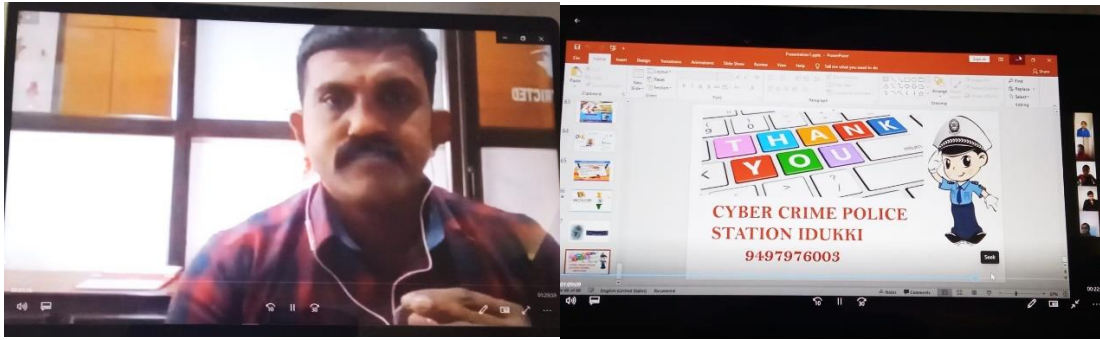
## 8. Seminar- Individual Hood and Social Space: An Introspection



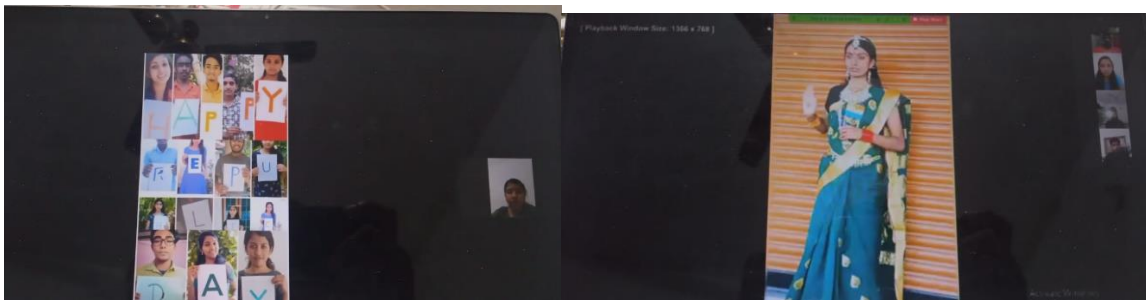
## 9. Yoga Practical Session



## 10. Seminar- Cyber Crimes among the Youth



### 11. Republic Day Celebration



### 12. Online oneday workshop- Pralayam Charithra rekhakalum Ormakalum

**പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും**

ഓൺലൈൻ ഏകദിന തീർപ്പരം

പഠനാനന്തര കോഴ്സ് മുറിക്കാഴ്ചയിൽ, ഇന്ത്യയിലെ എൻ.എസ്.എസ്.എസ്. വിഭാഗം വിദ്യാർത്ഥിനിമാർക്കായി കേരള കോളേജ് ഓൺലൈൻ സംഘടിപ്പിക്കുന്നത്

മാർച്ച് 15, 2021, തിരുവനന്തപുരം

ക്രമം	വിഷയം	സമയം
1	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	10:00 - 10:30 AM
2	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	10:30 - 10:50 AM
3	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	10:50 - 11:00 AM
4	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	11:00 - 11:30 AM
5	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	11:30 - 11:40 PM
6	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	07:00 - 07:30 PM
7	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	02:30 - 02:40 PM
8	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	02:40 - 03:10 PM
9	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	03:10 - 03:20 PM
10	പ്രളയം ചരിത്രരേഖകളും ഓർമ്മകളും	03:20 - 04:00 PM

കേരള ചരിത്ര ഗവേഷണ കൗൺസിൽ  
www.kchr.ac.in



### 13. Volunteers in Covid 19 Vaccination drive



The NSS activities conducted throughout the year 2020-2021 have made a significant impact on both the participating students and the community. Through various initiatives and programs, we have successfully addressed several social issues and contributed to the betterment of society. The dedication and commitment shown by our NSS volunteers have been commendable, reflecting their passion for community service and societal development. As we look forward to the upcoming year, we are determined to continue our efforts towards fostering social responsibility and creating positive change in society.

**Murickassery**

**Tijo Antony**

**31/03/2021**

**NSS PROGRAMM OFFICER**